



Prakash Seshadri Sharma (Strategic Thinker & Turnaround Specialist)

Founder & Partner | CEO | Coach | Author | Heartfulness Trainer

Strategic Business Coach



1963 Born | Gold Medallist in UG | Commerce PG | Professionally Certified in several domains | Outstanding Corporate Success | In Training Domain Since 1987 | Entrepreneur since 1992 | In Consulting Domain since 2002.

An avid Meditator, Reader & Author | Turnaround cum Strategic Expert | Helps several Business Verticals in Profitability, Management, Leadership, I.T., Family Business Transformation, Behavioural Science, Culture & DNA, EQ, Six Sigma, NLP | Turning Around Entertainment Industry | An unique Mental Conditioning Framework for Sports Vertical | Glorious India | Revitalisation of PSUs and more.











His Top Accolades



"Glorious India", an effort towards making India a true "Super Power".

Pillars of Mental Mastery (PMM), a Peak Performance - Sports Coaching Framework.

MAS (Movie Appraisal System) – Making every Movie a Hit instead of Miss.

Authoring Books - His Books are widely published - by TATA McGraw Hill and other Indian publishers, including some Self-Publications; Titles are namely.

You Too Can Sell | You Too Can Be Rich | Future Proof Your Business | Life Skills 101.

Editor in Chief of Change Gears, a weekly Self Development eZine, being published since 2004.

100's of Self Development & Spiritual Leadership Audio & Video Releases & TV Appearances.



Holistic Life



He is a Success Coach and helps his Clients to Practice Holistic & Spiritual Leadership.

He is someone who helps you connect to who you truly are. To change/re-direct/navigate your life to the fullest potential, uncover your aspirations, enabling you to take steps towards your aspirations, achieve your dreams, bust your limiting beliefs, and remove inner roadblocks.

He helps you deep introspect before suggesting solutions to your challenges, through his holistic approach and joyful interactions. He lets you search for your Higher Values and Inspires you towards setting New Benchmarks in Life and in Business.

As an Earnest Student of Spirituality, he has about 3 Decades of Consistent Holistic and Spiritual Development under a capable Yogic Guide.

He spends great deal of time as a Volunteer in spreading the message of Inner Transformation across Globe through several Heartfulness initiatives.

He is a Heartfulness Practitioner cum Trainer and is Secretary to President, Sahaj Marg Spirituality Foundation (also known as Shri Ram Chandra Mission and Heartfulness Institute).

What all does an Entrepreneur – Celebrity - HNI go through?



No one has any idea of the pressure you are under - to perform, to lead and to come up with Success Stories constantly.

No one knows how heavily you're burdened with the responsibility of being looked upto constantly.

The pressure you(organisation) have to face to meet the hyped up publicity.

Being at the top, everyone expects you to know everything on every topic... So the number of people you can talk to diminishes quickly.

Entrepreneurs are not immune to pitfalls, doubts & questions.

Their high public profile makes it difficult for them to make right and balanced choices.

Those who mill around Entrepreneurs have their own agendas and it might not be possible to get an "Honest" opinion that one deserves.

And, as new people come into an Entrepreneur's life, it takes longer for them to learn to trust them than before.



Why would an Entrepreneur - Celebrity - HNI need a Coach?



Moments of Self-doubts, Emotional, Ethical, Spiritual Crises - all these need an experienced heart and mind to listen and provide the right perspectives for the Celebrity to avoid an "Emotional and Mental Cesspool".

Entrepreneurs need someone to talk to, just like anyone else. This is why, in today's high octane world, Entrepreneurs are turning more and more to Social & Family circles for bouncing off their thoughts, ideas & even problems.

Balancing their hectic schedules, Managing Teams, Managing Multiple Business profiles, Managing Investors, Stake Holders, Balancing act with Family, Relations etc - is indeed a big challenge and needs the support of a sounding Board.

Qualities of a Coach



Offer a non-judgmental stand point, with no hidden agenda.

See the big picture of the life you live, from an objective point of view.

Let you make wise decisions about where you're heading.

Want to see you happy, enjoying your life and being as creative as you want to be.

Make you feel safe, confident and relaxed.

Let you have Personal & Confidential sessions focusing on individual reflection.

Let you Sharpen your 'Strategic Thinking'.

Share Invigorating & Compelling Perspectives.

Why is Coaching Effective?



In hiring a Coach, you are seeking to learn from someone who has knowledge & expertise in an area that is difficult for you to master.

Hiring a Coach allows an individual to learn what behavior patterns are preventing him from reaching certain goals.

The individual can obtain an unbiased point of view from someone who can utilize the negative information to formulate solutions.

As it is said, "At the end of the day, people who are high achievers — who want to continue to learn and grow and be effective — they need Coaching."

Who is "THIS" Coach?





Lets you tap into someone who has knowledge & expertise in an area that is difficult for you to master.

Lets you learn the behavior patterns that prevents you from reaching certain goals.

Lets you obtain an unbiased point of view by utilizing available information to formulate solutions.

Makes you Accelerate your personal and organisational growth.

"At the end of the day, people who are high achievers—who want to continue to learn and grow and be effective — they take up Coaching."

Inherent ingredients of S.Prakash as your Preferred Coach



With him, the Entrepreneurs-Celebrities-HNI can bounce their ideas, views and challenges on topics that include Business, Professional and Personal vistas.

Mutual Trust and Respect is the base platform on which he builds all his relationships.

A matured set of ears meant to listen and mind & heart meant to bounce off your thoughts & ideas, leading to enhanced clarity in your own thinking.

It might or might not provide immediate solutions but it helps you experience and see paradigm shifts hitherto you might not have experienced.

His broad spectrum of thinking helps empower Future Leaders. His immense wealth of knowledge and experience that comes to the table would be a boon for any Entrepreneur in sharpening their "6 inches between the ears!"

He can be your **Preferred Coach** for Multiple Dimensions of Life as he carries rich legacy and Moral Standards of life which will unfold when you interact with him (even before the signup modalities with See Change Consulting).



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